

Mon. _____	Tues. _____	Wed. _____	Thurs. _____	Fri. _____
Breakfast: _____ _____	Breakfast: _____ _____	Breakfast: _____ _____	Breakfast: _____ _____	Breakfast: _____ _____
Lunch: _____ _____ _____ _____	Lunch: _____ _____ _____ _____	Lunch: _____ _____ _____ _____	Lunch: _____ _____ _____ _____	Lunch: _____ _____ _____ _____
Snack: _____ _____	Snack: _____ _____	Snack: _____ _____	Snack: _____ _____	Snack: _____ _____

Mon. _____	Tues. _____	Wed. _____	Thurs. _____	Fri. _____
Breakfast: _____ _____	Breakfast: _____ _____	Breakfast: _____ _____	Breakfast: _____ _____	Breakfast: _____ _____
Lunch: _____ _____ _____ _____	Lunch: _____ _____ _____ _____	Lunch: _____ _____ _____ _____	Lunch: _____ _____ _____ _____	Lunch: _____ _____ _____ _____
Snack: _____ _____	Snack: _____ _____	Snack: _____ _____	Snack: _____ _____	Snack: _____ _____